



CARE is a non-secular educational organization dedicated to assembling research and disseminating information on the healing properties and therapeutic applications of essential oils.



The curriculum includes courses in Applied Vitaflex, Raindrop Technique, Emotional Release, the Chemistry of Essential Oils, Basic Principles of Aromatherapy, and Healing Oils of the Bible.



It is CARE's vision that some day proper therapeutic application of essential oils will become common household knowledge and Raindrop Technique will be practiced by parents, spouses, friends, and professionals everywhere.



*"I am a massage therapist and take a lot of continuing education courses as a requirement for my license. The CARE Program is the best I have taken. I learned so much about how and why the oils work and now I understand the science behind it. I am glad to have a standard protocol for raindrop. I have been doing raindrop for over a year, but never felt sure of my work. What a difference a weekend makes. With this protocol I felt nurtured and cared for."*

*Leslie Knee, LMT  
Silver Spring, Maryland*



## Benefits of Care Classes

1. CARE Classes are small, no more than 10 students per instructor, to insure closely supervised training.
2. In CARE Raindrop Classes, every participant sees a raindrop demonstration, receives a raindrop, and performs two raindrops.
3. Thorough course notes are provided for all CARE Classes. CARE also offers books and DVDs that parallel and support everything offered in class.
4. CARE Classes are taught only by Certified CARE Instructors who have completed a rigorous training program such that they not only know the material and can demonstrate the skills, but can teach them.
5. CARE Classes address all aspects of ourselves: Physical, Mental, Emotional, and Spiritual, and relate most class materials, even chemistry, to scripture.
6. Once a CARE class has been taken, you may repeat it for half price anywhere, any time, with any CARE Instructor.
7. The complete Program to become a Certified CARE Instructor (CCI) involves 23 requirements (164 hrs). By fulfilling the first 11 requirements (72 hrs), you may become a Certified Raindrop Practitioner (CRP) and Licensed Spiritual Healer (LSH). Becoming a CRP is possible only through CARE.
8. CARE International trains more people in more locations in Raindrop, Vitaflex, and related topics than any other organization in the world. More than 150 CARE programs are offered every year throughout North America and selected continents.
9. Students fulfilling the 23 requirements of the CARE program may join the CARE faculty as part of CARE's global mission to bring practical healing skills into homes and professional practices everywhere.

# CENTER FOR AROMATHERAPY RESEARCH AND EDUCATION

Essential Oil Chemistry  
Raindrop, Vita Flex  
Emotional Release  
Oils of the Bible

**CARE  
Intensives  
& Seminars**



[RaindropTraining.com](http://RaindropTraining.com)



## Raindrop Technique

Raindrop originated in the 1980's through the research of D. Gary Young. Raindrop is a powerful, non-invasive tool integrating the art of aromatic science with the technique of Vita Flex and gentle applications of therapeutic grade essential oils. During your Raindrop session, therapeutic grade essential oils are dropped about six inches above the spine and feathered along the vertebrae.

The purpose of Raindrop is to stimulate every organ, muscle and bone at a cellular level through the oils, boosting the various body systems, bringing the body into structural and electrical balance; enabling the release of toxins wherever they may be. This includes those lodged in the mind and emotions.



## Essential Oil Chemistry

To you who have little or no background in Chemistry, yet desire a basic understanding of the science of essential oils, this class is for you. To you who may even fear chemistry and avoided it in school, fear no more. This class is for you. And to you who may have degrees in chemistry, even advanced degrees, this class is for you, too, because the unique composition of and character of essential oils is not found in college textbooks, nor is it yet a part of the college curriculum of most university regimens. As you will discover, the properties of essential oils that bring healing and maintain health cannot be explained solely by science as we know it. The power of essential oils is more than chemistry.



## Applied VitaFlex

VitaFlex is an ancient healing modality that was rediscovered by Stanley Burroughs in the late 1920s. VitaFlex is a digital pressure technique that activates the reflex points, delivering the benefits of essential oils. The body has a self-regulating electrical system that VitaFlex stimulates.



## Emotional Release

Clinical research shows that traumatic experiences are stored on a cellular level and have profound effects on one's emotions and the physical state of the body. The Emotional Release Technique uses essential oil formulas created for their unique ability to:

- Balance energies in the body and open the subconscious mind
- Promote emotional release of negative stored memories
- Program the mind with positive beliefs

Students will acquire an understanding of how essential oils may facilitate clearing of negative emotional patterns.



## Oils of the Bible

Healing Oils of the Bible is based on both scripture and science. It will inspire you to realize the infinite care and detail to which our creator has gone to provide for us the choices we need to heal and maintain our health. We will take a look at resources and references wherein the ancient and Biblical arts of healing are related to medical sciences of today.



## What People Say

"I have been exposed to a lot educationally and experientially, but this CARE Seminar was one of the most comprehensive training programs I have ever come across. I hope this information can reach the masses as it is absolutely life transforming. The CARE Instructors are gifted and talented presenters."

*Darlene S. Plyler, RN, LMT  
Pawleys Island, South Carolina*

"As a medical doctor I would suggest very highly that all medical practitioners, medical students, and residents should be exposed to programs like this."

*Andrew Sears, MD., Saginaw, Michigan*

"I am overwhelmed with gratitude for such a wonderful program. Not only have I learned a great deal of new skills. I have grown as a spiritual being. All this in just 3 days! Thank you."

*Kim McMahon, Bronte Beach  
New South Wales, Australia*

"The Intensive workshop was well-paced. The teacher was totally knowledgeable in all areas of the program. The ability to field questions was amazing. I recommend the program to anyone seriously interested in increasing their knowledge of essential oils."

*Colleen H. Rowe, N.D., Fair Oaks, California*

"This is the greatest workshop I have ever been to. I was afraid about the chemistry class, but now I know I can learn science as well as anybody else."

*Lucy Leblanc, Cold Lake, Alberta, Canada*

## Continuing Education Credits

Center for Aromatherapy Research and Education is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider.



The complete CARE Intensive offers 25 hours of continuing education credit. Provider #40829400.

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